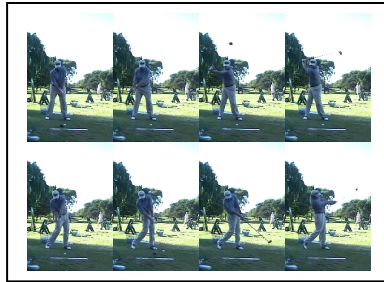


## Analyzing Swings

### *Knowing what to look for – A Frame by Frame Guide*

Accomplished by:

[Face-on view](#)



[Down-the –line view](#)



Presented by: **Connie DeMattia**

To all golfers, video can be a great tool for learning. The days when golf professionals had “secrets” about hitting a golf ball are over. Today, there is only the art and science of coordinating physical movements to control the ball’s flight.

It helps to know what is good and bad in a golf swing, the difference between cause and effect, and when it is safe to adapt certain movements into your own swing.

[Face-on view](#)

[Down-the –line view](#)